

VJK KB Diksmuide 26: Session: 6: COACH evaluation sheet for TEAM: RSC

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Wibaut Annouck HEADCOACH

Coaches: Vandorpe Aaron

Coaches: Vandepoorte Pauline

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 67: 100M MEDLEY MEN 13-14					Heat:1, starttime: 14:54
Heat: 1/5 Lane : 5 Athlete: DE VLIETTER ELIOTT					Q-time: 01:24:39
PB (25m pool): no time		PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 67: 100M MEDLEY MEN 13-14					Heat:3, starttime: 14:58
Heat: 3/5 Lane : 5 Athlete: VAN DAELE NAND					Q-time: 01:08:60
PB (25m pool): 01:08.60 EEKLO 04/10/2026		PB (50m pool): no time SB: 01:08.60 EEKLO 04/10/2026			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.60	
	no time				
					

Coach feedback:

Event number: 74: 100M FREESTYLE WOMEN 15-16					Heat:7, starttime: 16:01
Heat: 7/7 Lane : 2 Athlete: BEIJNSBERGER MARE					Q-time: 00:59:52
PB (25m pool): 00:59.52 EEKLO 04/10/2026		PB (50m pool): 01:00.81 SB: 00:59.52 EEKLO 04/10/2026			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.83		00:59.52	
	00:28.83		00:30.69		
					

Coach feedback:

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Event number: 74: 100M FREESTYLE WOMEN 15-16					Heat:7, starttime: 16:01
Heat: 7/7 Lane : 6 Athlete: MALFAIT LIZANNA (LIZI)					Q-time: 00:58:99
PB (25m pool): 00:58.99 Tournai 18/01/2026					PB (50m pool): 00:59.57 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.61		00:58.99	
	00:28.61		00:30.38		
					

Coach feedback:

Event number: 75: 200M BREASTSTROKE MEN 13-14							Heat:5, starttime: 16:17	
Heat: 5/5 Lane : 8 Athlete: VAN DAELE NAND							Q-time: 02:43:83	
PB (25m pool): 02:43.83 Meulebeke 10/05/2026				PB (50m pool): 02:51.25 SB: 02:48.23 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.43		01:18.18		no time		02:43.83
	00:36.43		00:41.75					
								

Coach feedback: